

# Houston Methodist ENT Specialists

## Facial Plastic & Reconstructive Surgery

6550 Fannin St., Suite 1703 • Houston, Texas 77030

Office: 713-441-FACE (3223) Fax: 713-796-9096

### Post-Operative care following **SUBMENTAL LIPOSUCTION**

#### **CALL OUR OFFICE PROMPTLY IF:**

- √ Your temperature is over 100°.
- √ You experience increasing pain and swelling in the area under the chin with associated increase in bruising.
- √ If you have any difficulties swallowing or breathing that are increasing beyond the time that you were in the hospital.
- √ If any of the above should occur after regular office hours, we can be reached 24 hours a day through our answering service at:  
**(713) 441-FACE (3223).**

#### **WHAT CAN I EXPECT?**

- √ Mild pain and pressure are routinely expected in the area under the chin for the first few days following surgery. Most patients require little pain medication for this discomfort.
- √ Some numbness in this area is to be expected. As the area heals, some tingling may be experienced as the nerves heal.
- √ Some redness and bruising in the area under the chin is to be expected. This will fade in the first two weeks after surgery. Make-up can be worn in the area within 5 days of surgery.
- √ When the dressing is removed, the skin will feel swollen and lumpy in some areas but this will smooth out in the first several weeks after surgery.

#### **HOW DO I CARE FOR MYSELF AFTER SURGERY?**

In the first 48 hours following surgery the supportive dressing **MUST** remain in place. After that, the dressing can be removed.